



Co-producing the FZ track of Lisbon Addictions

23 October 2019



Futurize is co-financed by grant N° 806964 under the European Union's DG Justice Programme "Drugs Policy Initiatives"
- Supporting initiatives in the field of drugs policy (JUST-2017-AG-DRUGS) from 01/10/2018 to 31/3/2020.

What foresight has to offer...



Foresight is:

“a universal human capacity which allows people to think ahead and consider, model, create and respond to, future eventualities”

(Foresight International, 2006)

The future is **uncertain** by default – our view is conditioned by...

- ...what we know
- ...what we think we know
- ...what we know that we don't know
- ...what we don't know that we don't know

Futures-ready strategy - flexible to respond quickly and effectively to the challenges and uncertainties of the future

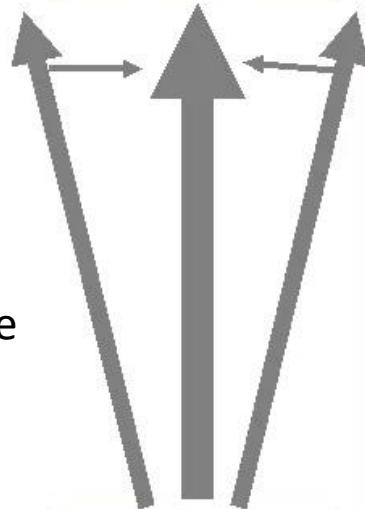
What foresight has to offer...

FUTURES APPROACHES AND METHODS

Forecasting

Predict most likely future

Future

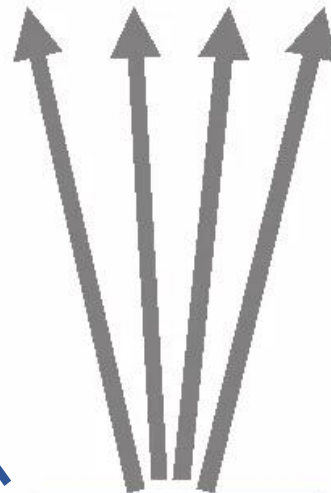


Present

Scenarios

Explore alternative futures

Future

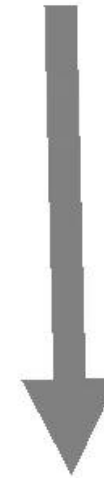


Present

Backcasting

Assess feasibility of desired future

Future



Present

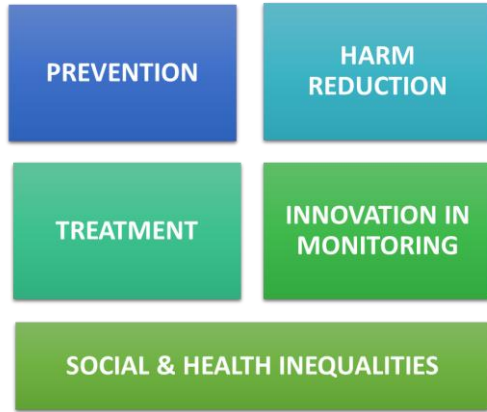
- Backcasting exercise:
- point of departure is a desired future

Forecasting and Scenario development:

- point of departure is the present situation and dominant trends

The Futurize process

FZ Online Consultation Survey
(Jan-Feb):
12 topics* → 5 priority areas,
drivers & issues



Future elements
emerging from the
scenario co-creation:



FZ Co-creation Workshop
(28-29 Mar):

5 strands of the FZ conference track
coming out of the FZ co-creation
workshop



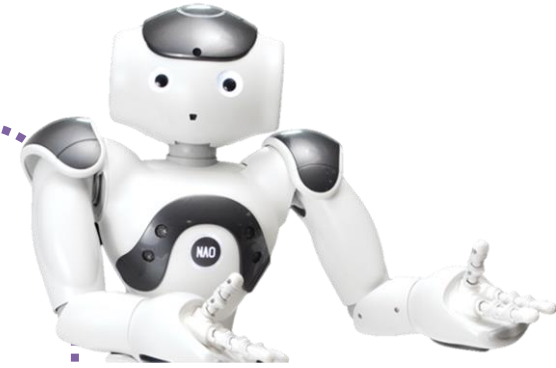
Digitalisation



Wed 23 Oct 10:50 – 12:20
**Addiction in a digitalised world –
FZ Thought Leaders' Round Table Session**
Aud VIII – Futures Zone 1

FZ Technology corner –
Hands-on expo / guided
tours Discussions & Demos

- Mobile apps
- Virtual Reality
- MI Robots
- Wearables



Wed 23 Oct 13:20 & 16:50
FZ Digital Health Game-Jams
Workshop with serious game format
on ideation and co-design of d-health
solutions



Digitalisation

Teams compete to put together a gamified solution aimed at tackling addiction problems in the younger **digitalised generation**

Network with other conference participants from multiple sectors

Pick up techniques and learn about **gamification** tools and concepts

Register online for one of the workshops at **eventbrite/futurize** or sign up with one of the FuturiZe team at the end of the session or in the **Futures Zone**

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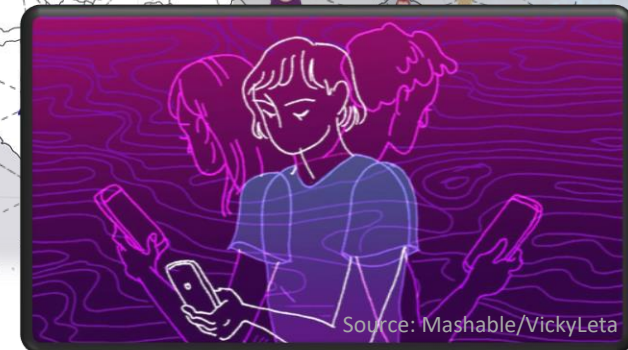


Innovative communication



Wed 23 Oct 15:00 – 16:30
**Innovative communications –
FZ Thought Leaders' Round Table Session**
Aud VIII – Futures Zone 1

FZ Technology corner –
Terrace room – Futures Zone 2
Hands-on expo / Discussions & Demos
▪ **Live Darknet drug purchase monitoring**





Big data



Wed 23 Oct 16:50 – 18:20

**Big Data and Innovative Monitoring –
FZ Thought Leaders’ Round Table Session**

Aud VIII – Futures Zone 1

FZ Technology corner –
Futures Zone 2
**Hands-on expo /
Discussions & Demos**

- Data gathering through apps
- Live analysis of Darknet drug purchases
- digital monitoring experience



Thurs 23 Oct 13:20 & 16:50
**FZ EU Future Research Project
Game-Jam**

Workshop using serious game
format for participatory design of
future research projects



Stimulating the brain



Thurs 24 Oct 10:50 – 12:20

**Stimulating the brain –
FZ Thought Leaders' Round Table Session**
Aud VIII – Futures Zone 1

FZ Technology corner –
Futures Zone 2

Hands-on expo / Discussions & Demos

- Trans-cranial magnetic stimulation (TMS)
- digital feedback experience





Safer drugs?



Thurs 24 Oct 15:00 – 16:30

Safer drugs? -

FZ Thought Leaders' Round Table Session

Aud VIII – Futures Zone 1

FZ Technology corner –

Futures Zone 2

Hands-on expo /

Discussions & Demos

- Drug-checking to reduce harm
- Motivational Interviewing Robot
- Analysis of on-going Darknet drug purchases





Outputs of the FuturiZe project

- *FZ conference strand*: A **series of interactive sessions** which focus on **key cross-cutting aspects of future scenarios** in the field of drugs and behavioural addictions
- **Networking activities** in Lisbon Addictions 2019 (23-25 October 2019)
- **Bursaries** for around 120 multi-sectoral professionals, who would otherwise not be able to attend the Lisbon conference
- **Addictions Foresight Network** – multi-sectoral professionals working in addictions with a future-oriented perspective



**LISBON
ADDICTIONS
2019**

Third European Conference on Addictive Behaviours and Dependencies





Thanks and see you in the Futures zone

www.lx-futurize.eu

